

# SHIFT



## FLEXIBLE POSTURE DESKS



Completing Your Workspace

## Why Flexible Posture Desks?

Because we're all physically different - but also the same.

Take Brian and Linda for example. They work in the same office. They sit at identical fixed height desks.

Brian finds his desk too low, and Linda being 5 inches shorter, finds her desk too high. After sitting in a static posture for most of eight hours, both Brian and Linda are fatigued and stressed even though they've taken frequent breaks.

What's the solution? Research studies have shown that when people change their postures between sitting and standing throughout the day, they become happier, healthier, and more productive at work.

Flexible Posture Desks are built to move easily up and down to facilitate sitting and standing postures; different job tasks; employees of varying heights; and workers having physical disabilities.

An investment in a Flexible Posture Desk can quickly pay for itself through higher productivity.

The organization profits, and Brian and Linda can smile.



“Tomorrow’s work areas will incorporate surfaces that will easily adjust up or down to suit the needs of the individual.”

- Ergonomic Sciences Corporation  
Ergonomic View Points Newsletter



Linda is working at a dual surface desk. With a push of a button, the rear work surface will move quietly up and down on electric-powered columns. The front work surface will raise and lower with a press of a hand lever. Everyone in the 5<sup>th</sup> to 95<sup>th</sup> percentile height range can work in comfort, standing or sitting.

“Simply put, when people feel good, they can work as efficiently and productively as possible.”

- Ergo Solution Magazine, 2003

With a flexible posture desk, Brian can alternate his posture between sitting and standing. He finds now that his upper back discomfort and late afternoon fatigue has disappeared. As a result, he takes fewer breaks and his productivity has increased.



SHIFT

All ISE products are available only through contract furniture dealers.

For more information contact: 1-800-463-7731  
[www.ise-ergonomics.com](http://www.ise-ergonomics.com)

Refer to Product and Pricing Guide for pricing and specifications.

